

CURRICULUM VITAE

MARY JO PODGURSKI

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PERSONAL DATA

Date of Birth:	March 24, 1950
Place of Birth:	Greensburg, Pennsylvania
Citizenship:	USA
Marital Status:	Married, 1973, three children
Maiden Name:	Cirelli
Health:	Excellent

BUSINESS ADDRESS

Academy for Adolescent Health, Inc.

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PROFESSIONAL DATA

RN Licensure:	Pennsylvania, New York
RN Certificate Number:	RN180640-L

EDUCATION

<u>INSTITUTION</u>	<u>DEGREE/ DIPLOMA</u>	<u>DATES CONFERRED</u>	<u>FIELD OF STUDY</u>
Liberty University Lynchburg, Virginia	MA	1994	Master of Arts in Counseling
University of California California, Pennsylvania	BS	1975	Education/ Nursing (4.0 QPA)
University of Pittsburgh Pittsburgh, Pennsylvania		1968-1974	Nursing
Westmoreland School of Nursing Greensburg, Pennsylvania	RN	1970	Nursing

CERTIFICATION

American Society for Psychoprophylaxis in Obstetrics (ASPO/Lamaze)	ACCE	1977	Childbirth Educator (Recertified every 3 years)
Lamaze International	LCCE	1997	ASPO/Lamaze changed to Lamaze International
American Nurses Association	RNC	1987	Maternal Child Health Perinatal Specialist (Recertified every 4 years)
ASPO/Lamaze	FACCE	1989	Fellow in the American College of Childbirth Educators

EMPLOYMENT

<u>DATES</u>	<u>INSTITUTION</u>	<u>POSITION</u>
1995 - Present	University of Pittsburgh	Faculty, ASPO/Lamaze Childbirth Educator Certification Program
1991 - 1994	Penn State University	Faculty, ASPO/Lamaze Childbirth Educator Certification Program
1989 - Present	The Washington Hospital	Director - Teen Outreach Postpone, Prevent, Prepare™ (Consultant Status)
1987 - Present	The Washington Hospital	Consultant
1977 - Present	ASPO/Lamaze (Private Practice)	Childbirth Educator
1985 - 1994	ASPO/Lamaze	State Coordinator
1988 - 1990	Greenbrier Treatment Center Washington, Pennsylvania	Charge Nurse
1983 - 1985	Hospice Care, Inc. Washington, Pennsylvania	On - Call Nurse
1979 - 1980	Washington County Health Center Washington, Pennsylvania	Charge Nurse
1977 - 1979	Mercy Hospital Pittsburgh, Pennsylvania	Staff Nurse

1974 - 1976	Andrew S. Balta, DMD Washington, Pennsylvania	Office Manager/ Scrub Nurse
1973 - 1974	Memorial Sloan - Kettering Cancer Center - New York	Team Leader
1971 - 1973, 1981	Children's Hospital Pittsburgh, Pennsylvania	Staff Nurse - Clinical Studies/Research Unit

INDEPENDENT PROGRAMS/ORIGINAL CURRICULA

<u>DATES</u>	<u>CURRICULUM</u>	<u>ROLE</u>
2004 – present	Project TEAM <i>Teaching, Empowering, Advocating and Mentoring</i>	Developed Program Director
...2001 – present	Real Talk Performers	Developed Program Director
1997 - present	POWER Program <i>Positive Options for Waiting through Education for Real Life</i>	Developed Program, Director
1997 - present	ECHO Program <i>Educate Children for Healthy Outcomes</i> Early Intervention Program	Developed Program, Director
1997 - present	Outreach Community Education	Developed Curriculum, Director
1996 - present	ASPO/Lamaze Teen Specialist Program (National Workshop)	Developed Curriculum, Coordinator/Lead Faculty
1995 - present	Hand in Hand Father to Father	Developed Program
1994 - present	Peer Educator Program	Developed Program, Coordinator
1990 - present	Parent - Son Class Boy to Man: Ages 10 - 14 The Washington Hospital	Developed Curriculum, Instructor
1989 - present	Teen Outreach Postpone, Prevent, Prepare SM	Developed Program and Curriculum Director/Faculty
1986 - present	Parent - Daughter Class Reaching for Adulthood Ages 13 - 16 The Washington Hospital	Developed Curriculum, Instructor

1984 - present	Parent - Daughter Class Puberty - Ages 9 - 12 The Washington Hospital	Developed Curriculum, Instructor
1984 - present	Child Care Class	Developed Curriculum, Instructor
1984 - present	Breastfeeding Class	Developed Curriculum,
1983 - present	Prepared Sibling Class, The Washington Hospital	Developed Curriculum,
1983 - 1996	Mother's Forum Postpartum Discussion Group The Washington Hospital	Initiated Program, Discussion Leader
1976 – present	Initiated Pregnant and Parenting Teen Program as a volunteer	Received funding in 1993

PROFESSIONAL EXPERIENCE

<u>DATES</u>	<u>ACTIVITIES</u>
2004 – present	Developed Listening Booth, Washington Crown Center
2003 – present	Coordinator, Washington County Yellow Ribbon Peer Anti Suicide program
2003 – 2004	Professional consultant, Observer Reporter “Sexuality and Teens” project
2001 – present	Developed, chair, Real Talk Performers teen educational drama troupe
2000	Developed Washington and Greene County Adolescent Advisory Boards
1999 - 2001	Editorial Board, IVillage Lamaze Parents Magazine
1998	Consultant, Birth related dramas, Warner Brothers Studio (Lethal Weapon 4), Twentieth Century Fox (Chicago Hope Episode) and Hudson Productions (Oh Baby Script)
1997	Keynote presenter, World Conference on Childbirth Education in Budapest, Hungary, October, 1997
1996 - present	Editorial Board, LIFE Family Magazine
1996	Consultant, Washington Prexie Players production <i>Secrets</i>
1995 - present	Member, Washington County Health and Wellness Committee
1995 - present	President and Founder, Academy for Adolescent Health, Inc.
1993 - present	Coordinator, Washington County Annual AIDS Awareness Day Program
1995	Coordinator, Adolescent Pregnancy Forum, October 20, 1995
1995	Faculty Member, Magee Womancare International Outreach to Russia, ASPO/Lamaze Childbirth Education Certification Seminar Moscow and Suzdol, Russia, September 13 - 22, 1995
1995 - present	Chair, Washington Greene Community AIDS Task Force
1995	Consultant, Washington High School theatrical presentation <i>Dolls</i> on postponing sexual involvement
1994 - present	Co-Chairperson, Southwestern Pennsylvania Coalition for Teen Pregnancy Prevention

1994 - present	Co-Chair, Washington Coalition for Teen Pregnancy Prevention
1994 - present	Member, Healthy Mothers, Healthy Babies (HMHB) Coalition: Adolescent Pregnancy and Related Health Issues Subcommittee
1994	Consultant, <i>The Observer Reporter Newspaper</i> series <i>Teen Sex</i>
1994 - present	Member, Washington County Community Health Assessment Team
1994 - present	Member, Family Connection - a Washington County Multi-Disciplinary Task Force focusing on educating families and professionals
1994 - present	Member, The Washington Hospital Task Force on Women's Health
1993 - present	Chair, Washington Youth Connection Booklet Task Force
1993 - present	Member, ASPO/Lamaze National Faculty
1993 - present	Chair, Children and Teen Committee, Washington AIDS Task Force
1993 - present	Member, Washington County Breastfeeding Task Force
1993 - 1994	National Membership Chair, ASPO/Lamaze
1991 - 1993	Co - chair, ASPO/Lamaze 1993 National Conference
1990 - 1992	Exam Evaluator, ASPO/Lamaze Teacher Certification Program
1990, 1992, 1994	Item Writer, ASPO/Lamaze Certifying Exam
1988 - 1994	State Coordinator, ASPO/Lamaze
1988 - 1990	Volunteer Instructor, Prepared Childbirth, Washington High School
1988 - 1991	Volunteer Instructor, Prepared Childbirth, Trinity High School
1989 - 1990	Volunteer Instructor, VISTA Teen Pregnancy Program, Washington Greene Community Action - Ringold Junior Senior High School
1988	Item Writer, American Nurse's Association Certifying Exam
1984 - present	Preceptor, Student Teaching, ASPO/Lamaze Teacher Certification Program Experience
1978, 1979, 1982	Public Relations, Publicity Committees, ASPO/Lamaze of Southwestern Pennsylvania

BOARD OF DIRECTORS

2004	Invitee, Dr. Satcher's Call to Action on Sexual Health, Washington DC
2003 - present	Board Member, Birthing the Future
2003 - present	Chair, PA Coalition to Prevent Teen Pregnancy Board of Directors
2002	Vice-Chair, PA Coalition to Prevent Teen Pregnancy Board
2002 - present	Board Member, SPS Care Center STARRS Sexual Assault Advisory Board
2002 - present	Board Member WashArts Community Youth Arts Foundation
2002 - present	Board Member, Community Action Southwest Head Start/Early Head Start Policy Council
2002 - present	Key Leader, Communities That Care
2002 - present	Member, Juvenile Probation Advisory Board
2002 - present	Member, VisionQuest Advisory Board
2002 - present	Member, Washington School District Strategic Planning Board
2002 - 2004	Member, Child Abuse Multi-Disciplinary Task Force
2001 - present	Founder, Co-chair, Teen Wellness Task Force
2001 - 2003	Board Advisor, Lamaze International Board of Directors
2001 - present	Member, Communities that Care Board of Directors
2001 - 2002	Vice President, Juvenile Probation Advisory Board
2000 - present	Board Member, Washington County Health Partners, Inc.
2000 - 2001	Board Advisor, Lamaze International Board of Directors

2000 – 2001	Vice-President, Juvenile Probation Advisory Board
1999 - 2000	Vice-President, Lamaze International Board of Directors
1999 - 2002	Member, Children and Youth Services Multi-Disciplinary Task Force
1998 - present	Member, Juvenile Probation Advisory Board
1997 - 1999	President, Lamaze International (formerly ASPO/Lamaze) - National
1997 - 2000	Second Term, Lamaze International (formerly ASPO/Lamaze) National Board of Directors
1996 - present	Board of Directors, The CARE Center
1996 - 1998	Treasurer, Pennsylvania Coalition for Teen Pregnancy Prevention
1995 – present	Chair, Washington/Greene Coalition for Teen Pregnancy Prevention
1995 - present	Board of Directors, Pennsylvania Coalition for Teen Pregnancy Prevention, Member of Executive Council
1996 - 1997	Vice-President, ASPO/Lamaze National Board of Directors
1994 - 1996	Treasurer, member of Executive Committee, ASPO/Lamaze Board
1994 - 1997	Elected to ASPO/Lamaze National Board of Directors- First Term
1994 - 1996	Chair, Washington County AIDS Task Force
1990 - 1994	Vice-President, ASPO/Lamaze of Southwestern Pennsylvania Board
1986 - 1989	Washington County Community Action Teen Assist Program

COMMUNITY ACTIVITIES

2004	Chair, first Rock the Vote in Washington County
2002	Chair, MusicFest III
2002	Chair, Collaborative three county panel on Abstinence
2002	Adult Coordinator, First Annual Washington County observance of the National Day to Prevent Teen Pregnancy, W & J College, May 8, 2002
2002	Conference Chair, Long Term Ramifications of Sexual Abuse in Males
2001	Chair: MusicFest II – <i>No Sex, No Drugs, Just Music</i> Youth Forum
2001	Chair, Real Talk for Real Parents Youth/Parent Conference, Washington and Jefferson College
2000	Chair, Real Talk about Real Life II Youth Conference, California Univ.
1999 – present	Washington County Health Partnership (formerly Washington County Health and Wellness Leadership Council)
1999	Chair, Real Talk about Real Life Youth Conference, California Univ.
1998	Chair: MusicFest – <i>No Sex, No Drugs, Just Music</i> Youth Forum
1998	Conference Chair, Adolescent Pregnancy Forum II, Holiday Inn
1997	Conference Chair, Adolescent Pregnancy Forum, The Washington Hospital
1996 – 1999	Washington County Health and Wellness Leadership Council
1995 – present	Advisor, Youth to Youth Connection Peer Educator Group
1995 - present	Editor and Advisor, Youth to Youth Connection Newsletter
1993 – present	Coordinator, Annual AIDS Awareness Day, December 1 – Student Run
1991 - 1995	Advisor, Junior Varsity Cheerleaders, John F. Kennedy School
1990 - present	Instructor, Youth Ministry, Immaculate Conception Church Teen Program
1982 - 1994	Girl Scout Leader, John F. Kennedy School, Troop #3532
1986 - 1996	Volunteer Instructor, Washington Hospital's Buckle Up Baby Car Seat Program
1982 - 1983	Publicity Chairperson, John F. Kennedy Parent Teacher Guild

MEMBERSHIPS

AASECT (American Association of Sex Educators, Counselors and Therapist)
 AWOHNN (Association of Women's Health, Obstetrics, and Neonatal Nurses)
 HMHB (Healthy Mothers, Healthy Babies)
 ICEA (International Childbirth Education Association)
 Lamaze International (formerly ASPO/Lamaze)
 Lamaze International of Southwestern Pennsylvania
 NAACP Life Time Member
 NOAPPP (National Organization on Adolescent Pregnancy, Parenting, and Prevention)
 PCTPP (Pennsylvania Coalition for Teen Pregnancy Prevention)
 SIECUS (Sexuality Information and Education Coalition of the United States)
 SWPCTPP (Southwest Pa Coalition for Teen Pregnancy Prevention) (Founder and Co- chair)
 Washington Coalition for Teen Pregnancy Prevention (Founder and Chair)
 Washington County AIDS Task Force (Past chair)
 Washington/Greene County Breastfeeding Task Force

PRESENTATIONS

"The Servant Leader," Keynote address to Washington Leadership Institute graduation, January 27, 2005.
 "Games Educators Play – Take Two – Incorporating BDI Logic Models in Interactive Learning Techniques," Columbia, South Carolina, South Carolina Campaign to Prevent Teen Pregnancy, January 20, and 21, 2005 (sole presenter).
 "Games Educators Play, Take Three," Workshop delivered at NOAPPP's annual conference, New Orleans, LA, November 19, 2004
 Lamaze International Teen Specialist Program, Annapolis, Maryland, November 4 – 5, 2004
 "Making Learning Fun," Sole Presenter, Governor's Campaign to Reduce Teen Pregnancy, Baltimore, MD, November 3, 2004
 "Female Sexuality Unwrapped," Address to the PA Coalition to Prevent Teen Pregnancy annual state conference, Penn State University, October 25, 2004
 "Educational Drama – A Teaching Tool that Rocks", presentation to the joint NOAPPP and Advocates for Youth Leadership Training, Washington DC, September 10, 2004
 "Show Me the Money," Pre-conference workshop, DONA National Conference, New Orleans, LA, July 22, 2004
 "Real Talk about Real Teens," Breakout workshop, DONA National Conference, New Orleans, LA, July 23, 2004
 "Spice it Up – Games that Teach," Full day presenter, Governor's Campaign to Reduce Teen Pregnancy/SHIP Conference, University of Maryland, August 3, 2004
 "Games Educators Play," Two day workshop, sole presenter, Governor's Campaign to Reduce Teen Pregnancy, Baltimore, MD, May 20, 21, 2004.
 "Real Talk about Real Teens," Pre-conference full day and Keynote address, Missouri Teen Pregnancy Prevention Coalition, St. Louis, Missouri, April 14, 15, 2004.
 "Steps for Success – First Steps in Sexuality Education for Parents," Address at Slippery Rock University, April 7, 2004.
 "Growing Healthy Teens and Young Adults – Tools, Tips and Techniques," Sole presenter one day conference for Cornell Extension Education Services, FishKill, New York, March 31, 2004.
 "Educating for HIV/AIDS Prevention – Paths to Health," Keynote for the Southwestern AIDS Planning Commission Spring Conference, Pittsburgh, PA March 26, 2004.

- “Sexuality and the Middle Schooler,” Keynote address to the PMSA – Pennsylvania Middle School Association, Penn State University, March 14 – 15, 2004.
- “Games Educators Play,” Two day workshop, sole presenter, SC Campaign to Prevent Teen Pregnancy Columbia, SC, March 2 and 2, 2004
- “Female Intimacy – Unwrapped,” Keynote presentation, Magee Women’s Hospital, BWHOLE (Black Women’s Health Organization for Life and Empowerment), February 28, 2004
- “Youth Unity – Tomorrow’s Leaders,” creator and main facilitator, county wide youth conference for 120 teens, February 18, 2004
- “The Real Love Story,” Address to tri countywide Student Forum, IU, California, PA, February 11, 2004
- “Understanding Teens,” Trinity Methodist Church Parent Series, February 4, 2004
- “Games Educators Play 2,” NOAPPP (National Organization for Adolescent Pregnancy, Prevention, Parenting) presentation, Crystal City, Va., November 12, 2003
- “Teen Specialty Training,” Louisville, KY, November 8, 9, 2003
- “You’re in Charge,” address to full student body Mapletown High School, Southeastern Greene District regional meeting, Mapletown, PA., November 7, 2003
- “Reclaiming the Sexuality of Birth,” PA Coalition to Prevent Teen Pregnancy Annual Conference, Penn State University, October 21, 2003
- “Real Talk about STD’s”, Address to tri countywide Student Forum, IU, California, PA, October 14, 2003
- “Real Talk about Real Teens,” Keynote address, concurrent session, AWHONN regional meeting, Pittsburgh, PA, October 7, 2003
- “Games Educators Play to Promote Normal Birth,” Lamaze International Annual Conference, Albuquerque, NM, October 2-4, 2003
- “Developing a Peer Education Program,” Full day address to Ukrainian Physicians, Magee Womancare International, September 26, 2003
- “Teen Specialist Training,” Sole presenter, Scranton, Pennsylvania, September 18, 19, 2003
- “Real Talk for Real Parents”, Keynote address to community along with two day peer education training/facilitator training, Sayre, Pa, August 8 – 9, 2003
- “Real Talk about Real Teens,” DONA Annual Conference, San Francisco, CA, July 24, 2003
- “Labor Support for Teens,” Pre-conference workshop, DONA (Douglas of North America) Annual Conference, San Francisco, Ca, July 23, 2003
- “The Invisible Wound: Sexual Abuse as an Antecedent to Early Childbearing,” AASECT (American Association for Sexuality Educators, Counselors and Therapists) Annual Conference, Las Vegas, Nevada, June 6 – 7, 2003
- “Sexuality Education – European Perspectives vs. American,” Teen Pregnancy Professional Conference, Magee Woman’s Hospital, May 1, 2003
- “Lamaze International Teen Specialist Training,” Sole presenter, San Antonio, Texas, March 28, 29, 2003
- “Learning Stations for Interactive Education,” ASET Retreat, Philadelphia, PA, February, 28, 2003
- “Games Educators Play,” NOAPPP (National Organization for Adolescent Pregnancy, Prevention and Parenting) Annual Conference, San Diego, California, November 23, 2002
- “Interactive Education and Learning Styles,” New York City Chapter of Lamaze International, New York City, October 31, 2002
- “The Invisible Wound: Sexual Abuse as an Antecedent to Early Childbearing,” PA Coalition to Prevent Teen Pregnancy Annual Conference, Penn State University, October 22, 2002
- “Teen Specialist Training,” Lamaze International Teacher Training, Raleigh Durham, North Carolina, October 18 – 19, 2002
- “Real Talk about Real Pregnant Teens,” Lamaze International Annual Conference, Pittsburgh, PA, September 28, 2002

“Sexual Issues,” Mental Health Association of Washington County Professional Training, May 13, 2002

“Teen Specialist Training, Lamaze International, Evanston, Illinois, May 2 – 3., 2002.

“Diversity in Childbirth Education: Pregnant and Parenting Teens *and* Interactive Teaching Techniques,” Lincoln, Nebraska, April 12, 2002.

Invited participant, ASET (Advanced Sexuality Educator Training) Retreat, Philadelphia, PA, March 1 – 3, 2002,

“Real Talk about Real Teens,” Building a Bright Future Day Two, Keynote address, University of Missouri – St. Louis Teen Pregnancy Prevention Conference, February 20, 2002.

“Putting a Face on the Numbers: Humanizing Teen Pregnancy Statistics,” Keynote address to Building a Bright Future, University of Missouri-St. Louis Teen Pregnancy Prevention Conference along with Dr. Doug Kirby, February 19, 2002.

“Making Sense out of Sex: A Faith Based Perspective,” Address to Youth Ministry Leaders, First Presbyterian Church, February 10, 2002.

“The European Experience,” Address to tri countywide Student Forum, IU, California, PA December 11, 2001.

“Reaching Out to All our Teens,” Address to PFLAG, November 27, 2001

“Birth Advocacy for the Future,” New York City Chapter of Lamaze International, New York City, November 1, 2001

“Reaching Out to Teens,” Facilitator and presenter, State of PA I Am Your Child Professional Workshops, Penn State University, October 24, 2001 and Pittsburgh, PA October 31, 2001.

“Making it Real – Inspiring Coalitions to Work Together,” address to Pennsylvania Coalition for Teen Pregnancy Prevention Annual Conference, Penn State University, October 23, 2001

Invited Participant, Advocates for Youth European Study Tour, June 9 to 24, 2001.

Lamaze International Teen Specialist Program, sole presenter at two day workshop, Williamsport, Pa, May 16, 17, 2001.

“Making it Happen – Creating Community for Teens and Parents,” sole presenter at two-day workshop, Gettysburg, Pa May 14, 15, 2001.

Lamaze International Teen Specialist Program, two day workshop, Chicago, Illinois, April 23, 24, 2001..

“Games Educators Play VI”, presented at the Lamaze International Annual Conference, Minneapolis, Minnesota, October 7, 2001

“Real Talk for Real Professionals,” address to Pennsylvania Middle School Association Western Region Conference, January 15, 2001

“Real Talk about Sex and Teens,” Poster presentation at NOAPPP (National Organization on Adolescent Pregnancy, Parenting and Prevention, November 17, 2000.

Lamaze International Teen Specialist Program, sole presenter at two day workshop, St.Louis, Mo, October 20, 21, 2000.

“Games Educators Play V,” presented at the Lamaze International Annual Conference, Memphis, Tennessee, September 21, 2000

“Teenagers and Breastfeeding,” Western Pennsylvania Lactation Consultant’s Association, Shadyside Hospital, September 11, 2000.

“Games Educators Play,” presented at the ICEA Annual Conference (International Childbirth Education Association), St. Louis, MO, August 11, 2000

“Forum on Sexual Abuse and Teen Pregnancy,” Panel Participant Child Welfare League of America Annual Conference, August 3, 2000

“Real Talk about Real Teens,” presented to resident medical students and faculty, West Penn Hospital, Pittsburgh, PA, May 23, 2000

“What People Need is a Good Listening To,” Facilitator Training, presented to Department Heads, Supervisors and Managers, The Washington Hospital, Washington, PA, April 23, 2000

“Birth of a Dream: Teen Outreach,” presentation to the Annual Meeting of the Washington Hospital Foundation, Inc. Board of Directors, April 19, 2000

“What People Need is a Good Listening To,” Facilitator Training, presented to Graduate Students in Social Work, California University of Pennsylvania, April 4, 2000

“Empathy is Your Pain in My Heart,” Mentoring Training, presented to Department Heads and Nurse Managers, The Washington Hospital, Washington, PA, March 21, 2000

“How to Reach Teens,” presented twice, Allegheny General Hospital Obstetric Provider’s Conference, Pittsburgh, PA, February 27, 2000

“Mentoring Our Past, Mentoring Our Future,” Keynote address to Lamaze International Annual Conference, Toronto, Ontario, Canada, October 9, 1999

“Games Educators Play IV,” Lamaze International Annual Conference, Toronto, Ontario, Canada, October 9, 1999

“Initiating a Peer Education Program,” One-day workshop presented in Sayre, PA, September 24, 1999

“Teen Pregnancy Prevention: Strategies that Work,” Presentation to the Allegheny Intermediate Unit’s Annual School Nurse Conference, Pittsburgh, PA, August 14, 1999

“Finding your Path: The Health Care Professional as Entrepreneur,” Address to Pennsylvania Governor’s School for Health Care, University of Pittsburgh, Pittsburgh, PA July 1, 1999

“Reaching Out to Kids,” Address to California University Graduate School of Social Work, California, PA, July 1, 1999

“Sexuality and Youth: A Parent’s Role in Education,” Address to Foster Parent’s Association of Washington County, May 24, 1999

Lamaze International Teen Specialist Program, Lead Faculty, Kansas City, Missouri, May 21, 22, 1999

“Postpone, Prevent, Prepare,” Sole presenter at Community Forum, Kansas City, Missouri, May 20, 1999

“Listen to Teens: Real Talk about Real Life,” Coordinator and Opening Keynote for Bi-County Youth Conference, California University of Pennsylvania, May 13, 1999

“The Role of Teens in Decreasing Teen Pregnancy,” Keynote address to the student body, Iroquois School District Awareness Day, Erie, Pennsylvania, May 12, 1999

“Reaching for Adulthood – Making Sense of Sex,” Interactive session, grades 11 and 12, Iroquois School District Awareness Day, Erie, Pennsylvania, May 12, 1999

“Peer Education,” Keynote address, Pennsylvania Coalition for Teen Pregnancy Prevention State Youth Conference, April 29, 1999

Lamaze International Teen Specialist Program, Lead Faculty, Baltimore Maryland, April 24, 25, 1999

“Developing a Peer Education Program,” “Train the Trainer Peer Education Program,” Keynote address to Johnston Area Coalition for Teen Pregnancy Prevention Youth Conference, April 14, 1999

“When the Student is Ready, a Teacher Appears: Peer Education as the Catalyst for Reality Based Sexuality Education,” Keynote address to the 1998 Pennsylvania Teen Pregnancy Conference: Teen Pregnancy, Public Issue, Personal Challenge, November 19, 1998.

“Peer Education,” Keynote address to 500 students, AAA Safe Kids Conference, California University of PA, November 4, 1998.

“Building Resiliency in Children: Helping Children Survive in a Challenging World,” Celebrate the Family Workshop, Uniontown, PA, October 14, 1998.

“Games Educators Play III,” presentation at Lamaze International’s annual conference, Denver, Colorado, October 2, 1998.

“Helping Kids “Own” the Message: Reality Based Sexuality Education,” Sole presenter at day long March of Dimes regional conference, Erie, PA, September 23, 1998

“Reality Based Education: Make it Happen in Your Community.” Sole presenter at daylong seminar, Sayre, Pa, August 21, 1998.

“The Changing Roles of Women into the Millennium,” Keynote address, Washington County Women’s Retreat, George Washington Hotel, May 14, 1998

“Making Sense Out of Sex,” Keynote address to 200 students at area Youth Conference, University of Pittsburgh at Johnston, May 6, 1998
 Lamaze International Teen Specialist Program, Lead Faculty, Pittsburgh, PA April 23, 24, 1998
 “Let’s Do It: Community Building” Opening address, Adolescent Pregnancy Forum II: Responding to the Reality of Adolescent Sexuality, Holiday Inn, Meadowlands, PA April 22, 1998
 Lamaze International Teen Specialist Program, Lead Faculty, Springfield, Missouri, March 8,9, 1998
 “Adolescent Pregnancy,” ANIPP Conference, Mexico City, Mexico, February 24 - 27, 1998
 “Parenting and Treasuring our Teens: Setting Limits and Letting Go,” Parenting series, Church of the Covenant, Washington, PA February 1, 1998 - February 8, 1998
 ASPO/Lamaze Teen Specialist Program, Lead Faculty, Indianapolis, Indiana, December 3, 4, 1997
 “Helping Kids Own the Message” Address to the Pennsylvania Coalition for Teen Pregnancy Prevention State Conference: Teen Pregnancy, An Issue for Everyone, Penn State University, State College, PA, November 12 - 13, 1997
 “Education for Real Life: Helping Kids Own the Message,” Keynote presentation to the March of Dimes State Conference: Turn the Beat Around, Erie, Pa, October 22, 1997
 “Sexuality Education and the Family,” Opening Keynote, the World Conference on Childbirth Education, Budapest, Hungary, October 21, 1997
 “Adolescent Sexuality and the Drug/Alcohol Connection” Panel Presenter, Juvenile Court Inservice, Holiday Inn, Meadowlands, PA, October 10, 1997
 “Setting Limits and Letting Go: Mother/Daughter Communication During Adolescence,” WomenFest, The Washington Hospital, September 20, 1997
 “What’s Up as You Grow Up? - Teaching Parent/Youth Early Sexuality Programs,” ASPO/Lamaze Annual Conference, September 13, 1997, Orlando, Florida
 “Games Educators Play II,” ASPO/Lamaze Annual Conference, September 12, 1997, Orlando, Florida
 “Adolescent Sexuality Education: Helping Kids Own the Message,” Keynote and opening address to state wide March of Dimes two day conference, Madison, Wisconsin, July 21, 1997
 ASPO/Lamaze Teen Specialist Program, Burbank, California, co-presented with Teri Shilling, June 26, 27, 1997
 “Let’s Talk: Talking with Your Son or Daughter about Sexuality,” Community Update, The Washington Hospital, May 21, 1997.
 “Reality Based Parenting: Introducing Sexuality Information - When, Where, How, and Why?” Keynote address to PACT conference, Greensburg, Pa, May 8, 1997
 “Does it Affect YOU: HIV/AIDS Awareness,” Presentation to Jefferson Morgan student body (approximately 1,000 students) April 15, 1997
 ASPO/Lamaze Teen Specialist Program: Sole Presenter - Two Day Workshop on Adolescent Pregnancy and Sexuality, Atlanta, Georgia, April 11 - 12, 1997, Lead Faculty, Boston, MA, May 15 - 16, 1997
 “Making it Happen: Establishing an Adolescent Sexuality Program” Keynote address to Cambria County Adolescent Update, April 8, 1997
 “Peer Educators - Young People Reaching Out.” Address to Intermediate Unit #1 Student Forum, March 11, 1997
 “Developing Classes for Today,” Sole Presenter, All day Annual REACHE Childbirth Educators Conference, February 7, 1997, Seattle, Washington
 ASPO/Lamaze Teen Specialist Program: Two-Day Workshop on Adolescent Pregnancy and Sexuality; November 7-8, 1996, Orlando Florida; December 8-9, 1996, Austin, Texas.
 “Sexuality Education: Who, What, Where, and When?” Panel Presentation to CAOG (Central Association of Obstetricians and Gynecologists) Annual Conference, October 19, 1996, Houston, Texas.
 “Games Educators Play”, Concurrent Session, ASPO/Lamaze National Conference, Dallas, Texas, October 4, 1996.

"Postpone, Prevent, Prepare" Pennsylvania Public Health Conference, Station Square, Pittsburgh, September 30, 1996.

"Sexuality Across the Life Span" Address to WomanFest, The Washington Hospital, September 28, 1996.

"Teen Pregnancy and Sexuality - the Educator's Role," Address to West Liberty College undergraduate education majors, August 29, 1996.

"Making it Happen," Keynote address to the Fayette County Coalition for Teen Pregnancy Prevention, June 24, 1996.

"Sex, Drugs and Alcohol - the Teen Connection," A Community Seminar - Identifying Substance Abuse and Rural Gang Violence, Mon Valley Drug and Alcohol, May 10, 1996

"Parenting by Heart: Making a Difference in Your Children's Lives," Keynote address to the Westmoreland County Task Force on Teen Parenting Seminar - Taking Care of Baby and Me, May 9, 1996

"Teaching Sexuality in the Nineties: Helping Kids "Own" the Message," Keynote address to the Family Health Council Annual Conference, Station Square, Pittsburgh, April 22, 1996

"The Woman's Body Knows: Preparing Women to be Assertive in Labor and Birth, ASPO/Lamaze Educational Update, Magee Woman's Hospital, April 20, 1996.

"Educational Outreach to Russia," Zonta International, April 3, 1996.

"Sexuality and Sexual Responsibility," Keynote Address, Intermediate Unit I Student Forum, California, Pa, March 11, 1996

"Teen Pregnancy and Sexuality: Postpone, Prevent, Prepare: A Multi-Disciplinary Approach" Workshop presented in Seattle, Washington, for the Overlake Hospital Medical Center and the Seattle-King county Public Health Center, February 10, 1996.

"Setting Limits and Letting Go as Hormones Rage," Address to Washington School District Parent Organization, January 24, 1996

"Sexuality in the Nineties - the Role of the School" Address to Canonsburg School District Parent Coalition, December 15, 1995

"Sexuality and the College Student" Evening Lecture at Washington & Jefferson College, December 7, 1995

"Adolescent Development" "Family Dynamics" Presentations as part of VISION Student Assistance Program (SAP) Training, Holiday Inn, Meadowlands, November 13, 1995

"Fostering Self-Esteem in Young Women - the Sexuality Connection" Address to Washington County Girl Scout Leaders Training Session, Citizen's Library, November 9, 1995

"HIV/AIDS Education - Making it Happen" Featured speaker, Thomas Jefferson Hospital, Philadelphia, November 6, 1995.

Guest Lecturer, Education Psychology Class, Washington & Jefferson University, October 26, 1995

"Overview of Adolescent Pregnancy and Sexuality" "Fatherless in America" and Teen Panel Moderator,

Adolescent Pregnancy Forum, The Washington Hospital, October 20, 1995 (Coordinator)

"HIV/AIDS Education - A Mandate to our Schools." Washington County Superintendent's meeting, October 19, 1995

"Sexuality in the Nineties: Where do our Children go from here?" Address to the California University Nurses Honor Society, California University, October 18, 1995

"Developing an Action Plan" and "Breastfeeding and Teens" Keynote address and breakout session at Educational Update: Issues for the Nineties, Magee Womens Hospital, Pittsburgh, October 14, 1995

"Adult Learning, Teaching Strategies and Methodology, Expulsion, Role Play, Labor Support", presented as part of ASPO/Lamaze faculty in Russia for Womancare International's Outreach to Russia, Moscow and Suzdol, Russia, September 18 - 22, 1995.

"Sensible about Sex", Burgettstown Parent Organization, August 25, 1995.

"Children Having Children", United Way Training, Washington & Jefferson College, August 23, 1995.

"Making it Happen: HIV/AIDS Education - The Childbirth Educator's Role", ASPO/Lamaze National Summit, Washington DC, August 19, 1995.

"Reality Based Parenting for the Nineties," District 9 Parent Teacher Association General Conference, Holiday Inn, Meadowlands, April 2, 1995.

"Sexual Issues in the Classroom," Allegheny Intermediate Unit Spring Conference, Station Square, Pittsburgh, Pa. March 29, 1995.

"A Childbirth Challenge: Teaching Teens," Featured speaker, Thomas Jefferson Hospital, Philadelphia, Pa. March 17, 1995

"Update on Teen Outreach," Address at Washington County Superintendent's Meeting, March 16, 1995

"Parenting for Now: Talking with your Kids about Sex," Trinity West Parents Group, March 14, 1995

"Sexuality Education: Where do We Go from Here?" Address to Genesis, March 13, 1995

"Peer Leadership Program," Address to McGuffey School Board, March 13, 1995

"Parenting for the Nineties: Preparing Kids for the Real World," Address to the Daughters of Current Events, March 9, 1995

"Sexual Harassment", Secondary school assembly, Chartiers Houston Junior Senior High School February 21, 1995

"Sexual Harassment and the Educator - What is Your Role?" Presentation to faculty, Chartiers Houston Junior Senior High School, February 21, 1995

"Parenting for the Real World" John F. Kennedy Parent Teacher Guild, February 13, 1995

"Reaching Out - Games Educators Play", Full day seminar presented at Wake Forrest University for childbirth educators, nurses, educators, Winston-Salem, North Carolina, February 1, 1995

"Update on Teen Pregnancy in Washington County - Where do we go from here?" presentation to the Washington Rotary Club, January 31, 1995

"Sexual Issues in the Classroom" Workshop at Keeping Kids Safe: A Non-Violent Approach to Non-Violence Conference, Holiday Inn, Meadowlands, November 18, 1994

"Adolescent Development" "Family Dynamics" Presentations as part of VISION Student Assistance Program (SAP) Training, Holiday Inn, Meadowlands, November 14, 1994

"Teen Pregnancy", Mercy Hospital Continuing Education Series, Mercy Hospital, Pittsburgh, Pa. October 24, 1994

"Developing Comprehensive Programs for Teens: Pregnancy, Parenting, Sexuality." Coordinator and Speaker of full day seminar at Childbirth Institute, ASPO/Lamaze Summit, Chicago, Illinois, October 14, 1994.

"The 90's Woman and Sexuality" Presentation to The Washington Hospital WomanFest, The Washington Hospital, Washington, Pa, September 24, 1994.

"AIDS 101", Beaver County Community College Prevention Project, Beaver County Community College, June 11, 1994.

"Vision - HIV/AIDS Update - HIV/AIDS Education Kids Respond To." Presentation to County Wide Student Assistance Program Professionals, Holiday Inn, Meadowlands, May 4, 1994.

"Teens and Sex", Mapletown High School Kids That Care Forum, April 29, 1993.

"Teen Pregnancy" Keynote speaker - Beaver County Community College Prevention Project Conference, Beaver County Holiday Inn, April 19, 1994

"Breastfeeding and the Teen" Presentation to the Breastfeeding- Economic Challenge of the 90's Conference, Holiday Inn, Meadowlands, April 9, 1994

"Presenting Sexuality in a Christian Environment - the Education You Can't Afford to Ignore." Lecture to Parent/Educator group - Gospel Treasures, March 10, 1994.

"Parenting in the 1990s: Talking to your Children about Sex & AIDS," Seminar to the community, The Washington Hospital, January 29, 1994

"Incorporating Sexuality Education in Your Practice" Lecture to The Washington Hospital Residents, October 22, 1993

- "Do you Know Whom you are Teaching: The Challenge of Cultural Diversity." Coordinator and Co-Presenter of full day seminar at Childbirth Institute, October 7, 1993
- "Postpone, Prevent, Prepare: An Educational Answer to Teen Pregnancy/Sexuality" ASPO/Lamaze National Conference, Pittsburgh, Pa, October 8, 1993
- "Adolescent Pregnancy" Round Table Discussion Leader, ASPO/Lamaze National Conference, October 9, 1993
- "Adolescent Pregnancy," Guest Lecturer, The Washington Hospital School of Nursing, July 6, 1993
- "Workshop on Adolescent Sexuality", Fox Chapel School District, Sole presenter for two day seminar to faculty and administration, June 23, 24, 1993
- "Helping Students Postpone, Prevent, and Prepare for the Future," Fifth Annual Alternative Education Consortium Meeting Allegheny Intermediate Unit, Pittsburgh, Pa May 7, 1993
- "Making it Happen: Teaching AIDS Education with Ease." Washington-Greene County AIDS Task Force Seminar, April 29, 1993
- "Pre Menstrual Syndrome." Citizen's Library, April 26, 1993
- "Talking to your Child about Sexual Issues." Avella School District Parent Teacher Organization, April 19, 1993
- "Teen Sexuality." Teen Forum Speaker, Mapletown High School, April 16, 1993
- "Why Sexuality Education?" Peters Township School District Parent Teacher Group, April 14, 1993
- "Adolescent Pregnancy and Sexuality - Issues for the Nineties." AAWOHN (formerly NAACOG) Five-hour seminar for nurses and educators, Magee Women's Hospital, March 27, 1993
- "Reaching our Teenagers: the Challenge of Educators in the 90's." McGuffey School District Wide Celebration and Inservice, February 11, 1993
- "The Role of Women in Adolescent Sexuality Education." AAUW, February 13, 1993
- "Initiating a Program on Sexuality," Fox Chapel High School, January 28, 1993
- "Sexuality and Adolescents," Avella School District Faculty, December 17, 1992
- "Don't Touch That Dial: Keeping the MTV Generation Tuned In." ASPO/Lamaze Childbirth Institute X Los Angeles, California, October 15, 1992
- "Postpone, Prevent, Prepare: An Educational Answer to Teen Pregnancy/Sexuality," ASPO/Lamaze National Conference: Los Angeles, California, October 16, 1992
- "Teen Pregnancy," Round Table Discussion Leader, ASPO/Lamaze National Conference: Los Angeles, California, October 17, 1992
- "Approaching Sexuality in a Christian Environment," Inservice to John F. Kennedy School Faculty, September 25, 1992
- "The Role of the School Nurse in Adolescent Sexuality Education," Washington Greene County School Nurses Association Annual Meeting, September 29, 1992
- "Sex, Drugs, and AIDS," Womanfest: The Washington Hospital, September 19, 1992.
- "Women's Role in Adolescent Sexuality Education," Luncheon Address to the Pennsylvania Association of Chiropractic Auxiliary Annual Conference, Pittsburgh, Pennsylvania, August 29, 1992
- "Your Role in Sexual Decision Making," Three County Wide Inservice Conference - Student Government, McGuffey High School, May 13, 1992
- "Adolescent Pregnancy," Zonta International, Washington Chapter, May 6, 1992
- "Teen Outreach: Postpone, Prevent, Prepare and Parent." Presentation to the Pennsylvania State Counselor's Association, Hershey, Pennsylvania, April 9 - 10, 1992
- "How to Talk with Your Child About Sexuality," Windsor Elementary Parent Teacher's Organization, March 18, 1992
- "Teen Outreach: An Answer to Adolescent Pregnancy," 1.0 CEU for ASPO/Lamaze of Southwestern Pennsylvania Continuing Education Meeting, March 4, 1992
- "AIDS and Sexually Transmitted Diseases," Guest Lecturer, Washington and Jefferson College students, March 3, 1992

- "The Teacher's Role in Sexuality Education," County Wide Inservice, McGuffey High School, February 14, 1992
- "What can Parents Do? Teen Sex" Presentation to Mothers of Twins, Citizen's Library, Washington, 14, 1992
- "One Answer to Teen Pregnancy," Forum II, Inservice for Nine School Districts, January 28, 1992
- "Bridging the Gap at Puberty," Chartiers Houston Parent Teachers Organization, August 5, 1991
- "Sexually Transmitted Diseases," Guest Speaker, Washington High School, April, 1991
- "How to Establish a Teen Outreach," Presented to ASPO/Lamaze of Southwestern Pennsylvania Continuing Education Meeting, April, 1991
- "How to Talk with Your Child About Sexuality," John F. Kennedy Parent Teacher Guild, March 13, 1991
- "Adolescent Pregnancy Programs," Round Table Discussion Leader, ASPO/ Lamaze National Conference, St. Louis, Mo. October 19, 1991
- "Sexually Transmitted Diseases," Canonsburg Senior High Assembly, February 24, 1991
- "Talking with your Adolescent about Sexuality," The Washington Hospital Community Update Series, October 29, 1990 and November 1, 1990
- "Establishing a Teen Outreach," McGuffey School District Administrators, August 30, 1990
- "Postpone, Prevent, Prepare - What does it Mean?" Trinity High School, October 4, 1990
- "Establishing a Teen Outreach," Round Table Discussion Leader, ASPO/Lamaze National Conference, Atlanta, Georgia, October 18, 1990
- "Helping Adolescents Postpone Sexual Involvement," Inservice, Administrators, Counselors and Teachers, Trinity School District, September 24, 1990
- "Postponing Sexual Involvement," Immaculate Conception Church Youth Ministry, September 11, 1990
- "Establishing a Teen Outreach," McGuffey School District Administrators and School Board, August 30, 1990
- "Adolescent Pregnancy and Postponing Sexual Involvement," Washington Hospital School of Nursing Guest Lecturer, Maternal Child Nursing, July 30, 1990; July 8, 1991; July 9, 1992
- "First Aid and Emergencies in Children," Happy Face Day Care Center, April 23, 1990
- "Imagery, Expulsion and Teaching Methods," Segments of ASPO/Lamaze Teacher Training Seminar Presentations, March 23 - 25, 1990
- "Relaxation for Stress," John F. Kennedy students K - 8, January, 1987
- "Reaching Puberty," John F. Kennedy Middle School students and parents, December 10, 1986
- "Lamaze Breathing Update," Washington Hospital School of Nursing - Guest Lecturer, Maternal Child Nursing Students, January 8, 1984
- "Teaching about Loss in Childbirth Classes," West Virginia SHARE and Childbirth Education Association, West Virginia University, Perinatal Loss Conference, November 12, 1984
- "Death and Children," Washington Hospice Care, Inc. Inservice presented to nursing staff, January, 1983
- "Relaxation and Labor," Washington Hospital School of Nursing, Maternal Child Nursing Students, January, 1982
- "Importance of Early Breastfeeding," Washington County La Leche League, February, 1982
- "Lamaze Breathing Skills," Inservice Update, The Washington Hospital Obstetric Unit, March, 1981
- "Teaching First Aid Skills to Parents," University of California Paramedic Class, February, 1974
- "Grief Stages - Adjusting to the Loss of a Child," Memorial Sloan Kettering Cancer Center Parent Support Group, August, 1974
- "Teaching Diabetic Education to Parents," Children's Hospital Clinical Studies Unit November, 1972

RADIO/TV TALK SHOWS

Channel 22, "In Our Neighborhood" talk show, to be aired July, 2000
 WJPA, December 12, 1999, "Parents, Talk with your Kids about Sex!"
 WJPA, August 20, 1999, "United Way and You"
 WJPA, December 23, 1997, "Teen Outreach and Kids in Need"
 Director, Student Run Public Service Announcements, WJPA, May 27, 1997
 WJPA, March 23, 1997, "United Way and You"
 WJPA, November 18, 1996, "Teen Outreach: Kids in Need"
 WJPA, January 20, 1996 "Pulse of Washington Show" Parents - Talk about Sex with your Kids
 B-94, November 3, 1994: Interview with Shelly Duffy - "Pittsburgh's Listening"
 WJPA, November, 1994: Two airings - "What is AIDS Awareness Day?"
 WPXI, December, 1990: Live hour call in show on Sexuality Education with phone responses
 WEZE, September, 1991: "Postpone, Prevent, Prepare," Three Airings
 B- 94, September, 1991 interview with Shelly Duffy: "Postpone, Prevent, Prepare," Three Airings
 WJPA, October, 1991: "Postpone, Prevent, Prepare," Two Airings

VIDEOS

"Lamaze Baby Video" Breastfeeding Segment, produced by Lamaze Institute for Family Education, 1996/97, 1997/98, 1998/99 and 1999/2000 Editions
 "Voices: The Reality of Early Childbearing - Transcending the Myths" author/producer, September, 1998
 In Production: "Real Talk about Real Life Video"

GRANTS PREPARED AND AWARDED

GRANT	RESULT
Washington County Hospital Association	Received, 2005
Grable Foundation	Renewed and expanded, 2005
SHIP Grant	Received, 2004
Washington Community Foundation	Received, 2004
Grable Foundation	Received, 2004
Laurel Foundation	Received, 2004
FISA Foundation	Received, 2003
Staunton Farms Foundation	Received, 2003
Anonymous Foundation	Received, 2003
United Way Proposal, 2003, 2004	Received for ECHO and Peer Education
Tobacco Cessation Grant	Received, 2002, 2003, 2004
ATOD Mini Grant	Received, April, 2004 – April, 2005
ATOD Mini Grant	Received, April, 2001 – April, 2002
United Way Proposal 2001, 2002	Received for Peer Education, ECHO and Fathering Programs
PPT Grant	Received, July, 2001, \$11,000.00 – increased By \$40,000.00 2/2003; renewed thru 2006
EFI Grant	Received, 2001, renewed yearly 2002 – 2006 \$48,000.00
ELECT Grant	Received, 2001, renewed yearly 2002 – 2006 \$256,000.00
State PA PPT (Pregnant and Parenting Teen) Grant	Received July, 2000, \$11,000.00
State Pa Mentoring Proposal (Dept of Education)	Received June, 2000, \$20,000.00

State EFI (Elect Fatherhood Initiative) Grant	Received June, 2000, \$20,000.00
501 (C) 3 Status for Noah's Ark, A Safe Place, Inc.	Received, 2000
Washington County Drug and Alcohol Mini Grant	Received, 1999, 2000; 2002, 2003, 2004
United Way Proposal, 2001	Received for Peer Education and ECHO
United Way Proposal, 2000	Received for Peer Education and Fathering Programs
United Way Proposal, 1999	Received for Fathering Program
United Way Proposal, 1998	Received for Peer Education Program
United Way Proposal, 1997	Received for Peer Educator, Youth to Youth
United Way Proposal, 1996	Received for Fathering Program
United Way Proposal, 1995	Received for Youth Programs
State ELECT Grant for Pregnancy/Parenting Teens	Received, \$244,000 2001 2000
State ELECT Grant for Pregnant/Parenting Teens	Received, \$120,000.00 9/1/00
State ELECT Grant for Pregnant/Parenting Teens	Renewed, \$122,000.00, 9/1/99
State ELECT Grant for Pregnant/Parenting Teens	Received, \$75,000.00, 9/1/98
State ELECT Grant for Pregnant/Parenting Teens	Received, \$37,000.00, 4/1/98
State EFI (Fathering Grant)	Received, \$48,000.00 2001 - present
March of Dimes 1999	Received, for Smoking Cessation Program

RESEARCH

Longitudinal study in three high schools 1997 – 1002, data compilation in progress in conjunction with the Graduate Nurse Practitioner Programs of Slippery Rock, Clarion and Edinboro Universities

In progress, Mental Model of Decision Making with Carnegie Mellon University

VITAL STATISTICS IN COMMUNITY SINCE INITIATION OF TEEN OUTREACH

- ➔ Decrease in Washington County Teen Pregnancy in the 15 – 17 year old group from 36/1000 in 1989 to 14/1000 in 2003 (Staff reaches over 12,000 young people per year in three county in school sexuality education program)
- ➔ Less than 5% repeat pregnancy rate in teens mentored in Pregnant/Parenting Teen Program over the last five years (3% in 2002 when 158 young mothers were mentored)
- ➔ 85 - 90% matriculation from high school among parenting teens in population above

JOURNALISM

- ➔ "Teens and Sex" collaboration with the Observer Reporter, Summer, 2004
- ➔ "Ask Mary Jo" weekly column for teens and parents, original concept initiated January, 2005

PUBLICATIONS

- "Teachable Moments; Using Educational Drama for Real Life Education," PA Coalition to Prevent Teen Pregnancy spring newsletter, April, 2005
- "The Measure of a Man," original play about manhood in American culture, Academy Press, 2005
- "American Kid, European Kid," Interactive learning activity, Academy Press, 2005
- "Deck of Life Cards," Academy Press, 2004
- "Communication – The Real Talk Series," Academy Press, 2003
- "The Real Love Story," original play about love and sex, Academy Press, 2003

- “Gonorrhea Monologues,” original play about STI’s, Academy Press, 2003 (Winner, First Place, PA Coalition to Prevent Teen Pregnancy Youth Conference, April 29, 2003, Harrisburg, PA)
- “What’s Up as You Grow Up,” Revised Co-Ed Edition, Academy Press, 2002
- “Games Educators Play II,” Academy Press, 2002
- “Guideline Cards,” Academy Press, 2002
- “POWER Cards,” Academy Press, 2002
- “Voices Behind the Masks,” original play, Academy Press, May 2002
- “It’s Normal in Holland,” original play, Academy Press, 2002 (Winner, First Place Pennsylvania Coalition to Prevent Teen Pregnancy Theatre Day, April 30, 2002, Harrisburg, PA)
- Faces: A Photoessay of Young Parents, 2002
- “Two to Listen: The European Experience with Sexuality Education,” Cover article, Pennsylvania Coalition for Teen Pregnancy Prevention, 2001.
- “Reaching Out to Teens,” PPT Express Cover Story, January, 2001
- “First Do No Harm,” Cover articles, 1.) Pennsylvania Coalition for Teen Pregnancy Prevention and 2.) Center for Sexuality and Religion newsletters, November, 2000
- “Tools for Teaching – Empowering Teens: Real Talk about Real Life,” Journal of Perinatal Education, Volume 9, Number 4, 2000
- “Lunch Table,” original play, Academy Press, 2001 (Winner, First Place Pennsylvania Coalition to Prevent Teen Pregnancy Theatre Day, April 29, 2001, Harrisburg, PA)
- “Tools for Teaching – Presenting Relaxation to Teens,” Journal of Perinatal Education, Volume 9, Number 3, 2000
- Peer Educator Manual, Academy Press, 1998
- “Helping Kids ‘Own’ the Message: Using the Voice of Peer Educators as a Shout in Sexuality Education,” Taking Charge Newsletter, cover story, Spring, 1998
- “Teaching Teens,” Author of textbook chapter on adolescent Pregnancy, *Childbirth Education, Research, Theory and Practice, Second Edition*, Nichols and Humenick, W.B. Saunders Publishers, February, 2000
- “What’s Up as You Grow Up” An Interactive Workbook for Girls ages 9 - 13, Academy Press, 1997
- “What’s Up as You Grow Up: An Interactive Workbook for Boys ages 9 - 13, Academy Press, 1997
- “Parent & Youth Growing Up Curriculum” Academy Press, 1997
- “Adolescent Pregnancy and Sexuality,” Co-author with Francine Nichols, RN, PhD, Textbook chapter, *Maternal Newborn Nursing, Theory and Practice*, W.B.Saunders Publishers, 1997
- “Games Educators Play” - Interactive Games and Role Plays for use in Childbirth Education, Sexuality Education, Parenting Education, Breastfeeding Education, and Professional Workshops, Academy Press, 1996
- “Fire and Sex” - Cover story of the Pennsylvania Coalition to Prevent Teen Pregnancy Spring 1996 Newsletter
- “Till Human Voices Wake Us,” A one act play on adolescent pregnancy, copyright, 1996
- “Teen Pregnancy - What We Can Do,” Childbirth Instructor, Third Quarter, 1996
- “Peer Programs - Making it Happen,” Pennsylvania Peer Support Network State Wide Newsletter cover story, January, 1996
- “Approaching School Boards: Navigating the Waters - A Key to your Program’s Survival,” The Pennsylvania Coalition to Prevent Teen Pregnancy Fall 1995 issue of *Taking Charge* cover story
- “Washington Youth Connection,” Helpline booklet written and distributed to 15,000 school students in the Washington county area
- “Supporting the Breastfeeding Teen,” *Journal of Perinatal Education*, Volume 4, Number 2, June/July, 1995
- “What is a Teen Specialist?” *Genesis*, ASPO/Lamaze, Summer, 1995
- “Parenting Styles,” *Lamaze Baby Magazine*, 1994, 1995, 1996, 1997 Editions

- “First Person, *Genesis*, Issue 2, May 1993
- “School Based Adolescent Pregnancy Programs,” *NAACOG Clinical Update Series*, Lippincott, Inc., March, 1993
- “Project Future: Teen Pregnancy, Childbirth and Parenting, Vida Health Communications,” *The Journal of Perinatal Education*, Volume 1, Number 1, Spring, 1992
- Reviewer, Book and Video Reviews, *Genesis*, ASPO/Lamaze, 1984, 1986

IN HOUSE PUBLICATIONS

“Outreach Community Education”
 “Saying ‘No for Now’ - Hints on Postponing Sexual Involvement for Youth”
 “Reality Based Parenting - Sexuality Education”
 "Growing up in the Nineties: Parent/Daughter Manual"
 "Growing up in the Nineties: Parent/Son Manual"
 "How to Talk with your Child about Sexuality and HIV/AIDS"
 "Introducing Sexuality to your Little One"
 "AIDS Awareness Day Program" - County Wide
 "AIDS Awareness Day Program" - In School Version
 "Teacher's Guide - AIDS Awareness Day"

AWARDS

- * Zonta Rose Leadership Award, April 6, 2005
- * Communities That Care – Outstanding Caring Agency Award, March 17, 2005
- * NOAPPP (National Organization on Adolescent Pregnancy, Prevention and Parenting) Outstanding Professional Award, awarded NOAPPP National Conference, New Orleans, LA, November 19, 2004
- * Athena Woman of Wisdom Award, Washington County Recipient, October 1, 2004
- * Athena Woman of Wisdom Award, one of five finalists, October, 2003
- * PA Coalition Youth Service Award for Real Talk Performers, October, 2003
- * Elisabeth Bing Award for “Dedication to Pregnant and Parenting Teens,” Lamaze International, September, 2003
- * Health Care Hero of the Year finalist, Pittsburgh Business Times, 2002
- * Honorable Mention for *Voices* Video – National Family Relations Board, 2000
- * 1999 Eckerd 100: National Awardee for the Eckerd Salute to Woman Program, August, 1999
- * AAA Safe Kids “Key” Award for Devotion to Youth, November, 1998
- * Recipient, League of Women Voters Social Services Award, October 2, 1997
- * Acknowledgment, Postpone, Prevent, PrepareSM Governor Ridge State Wide Publication “Project for Community Building -Success Stories” (Two programs acknowledged in Pennsylvania) for Teen Pregnancy Prevention,”
- * Recipient (individual), Hospital Council of Western Pennsylvania Champion Award - December 8, 1995
- * Honorable Mention (program), Hospital Council of Western Pennsylvania Champion Award - 1995
- * Nominee, YWCA's Tribute to Women - Received October 27, 1993
- * Girl Scout Leader of the Year - 1991